



Rotary **ROSSMOOR ROTARY NEWS**



President: Carolyn H **Address:** PO Box 2177, Walnut Creek CA 94595 D5160 Club 461

Notes: Anne H **Photos:** Paul W Feb 12, 2025

Club Website: www.rossmoorrotary.org

District Website: www.rotary5160.org

MEETING NOTES: 02/12/20245

Call to Order: The meeting was called to order at 11:30 a.m. by President Carolyn H. The Pledge of Allegiance was led by David B, and “America the Beautiful” was sung by a U.S. Navy Choir. We all recited the 4-Way Test, led by Carolyn.

Guests and Visiting Rotarians: Sam, from the *Rossmoor News*; Members of the Walnut Creek Sunrise Club: Barbara and Scott F, Mike T, Mike B, and Jim Y; Jim D’s neighbor, Mike W; John P; a Rotary member from the Concord Club; Bob W and wife, and several other people who came to hear the speaker.

Thought for the Day: Jean D gave us thoughts on Friendship, ending that friendship is like a 4 leaf clover, hard to find but good to have.

Happy Dollars: Caroline was pleased David B helped pay for her lunch; Jim O, congratulations to his cohort of birthday people; Elliott B, happy to be a Rotarian; Sharon L, thanking David B for all his work setting up our meeting every Wednesday; David B, thanking the visiting Rotarians for coming; Patrice J, for her husband’s 68th birthday; Bill B, for the Philadelphia Eagles winning the Super Bowl; and Jim O, glad he is now as old as Sue A.

ANNOUNCEMENTS

Get your tickets to the St. Patrick’s Day party, March 16. Tickets go fast.

Plan to attend the Rotary District Assembly in March 22, 8:30 TO 2:00. It is always a very productive meeting.

Birthdays: Alison L, Elliot B, Marlene M, and Jim O. Happy Birthday was sung to them all.

Raffle: Ron B won wine or yogurt/coffee and Ruth R won a free lunch.

PROGRAM

Our speaker was Dr. Maureen Stevenson, chief administrative officer of ambulatory services and population health of John Muir Health Physician Practices. The John Muir Health system is comprised of 4 hospitals, Walnut Creek, Concord, Brentwood, and a partner with San Ramon. There are 1,000 physicians. John Muir can’t hire the physicians, state law, so the physicians have a medical group which contracts with John Muir. There is a shortage of physicians since 2020, and John Muir is working to hire more. John Muir has 6,400 employees, and is a nonprofit with 2.3 million dollars in revenue. 100% over their costs goes back to the

community. It is the largest employer in Contra Costa County, and has been here over 90 years. It also has outpatient facilities in Walnut Creek, Pleasanton, Berkeley, Concord, San Ramon, and Brentwood. The goal is to keep care close so patients don't have to travel to get care. The goal is also to keep costs down, as many patients can't afford insurance, and Medicare and Medi-Cal don't cover all expenses.

John Muir is also trying to be innovative. They have opened a new cancer center, new cardiac program, and the new behavior health care center has in and outpatient facilities, which is very unusual. The behavior health program has 10% of the pediatric beds in the state, and has acute psychiatric care.

The new cancer center, the Behring Pavilion and the Ken and Jean Hofmann Cancer Center, were all built on donations totaling \$100,000,000.

John Muir is working on a new Center for Older Adult Health. They are especially concerned with care to decrease hospitalizations. They will have a Navigator group to help people stay healthier so they are not hospitalized, help with transition from hospital to home, give them rides to doctors, help if they cannot afford medications, health classes, and access to a geriatric clinic. They will have home visit programs, palliative care, help with advance care planning, while patients remain with their PCD (Primary Care Doctor). All this costs money. And John Muir Health is mandated to retrofit all their facilities for earthquake protection.

John Muir is using Ai. It is using Ai on eCart, which electronically helps with cardiac arrest and triage and Viz: AI, which has stroke detectors and mobile alerts. My Chart and InBasket help doctors to keep up with patient information more easily. John Muir has extensive security systems so patients' data is not compromised while using Ai.

The meeting adjourned at 1:30 p.m.

UPCOMING EVENTS

Feb 19	10:30 RRF Trustee Meeting
Feb 19	Tom Cashion – Rossmoor Security Update
Feb 26	Camp Royal Candidates
March 5	Michael Cunningham - Servant Leadership

PHOTOS

The Bulletin editor is accepting photos of Rossmoor Rotarians involved in Rotary activities at belindabreyer@yahoo.com

Speaker Dr. Stevenson and President Carolyn

